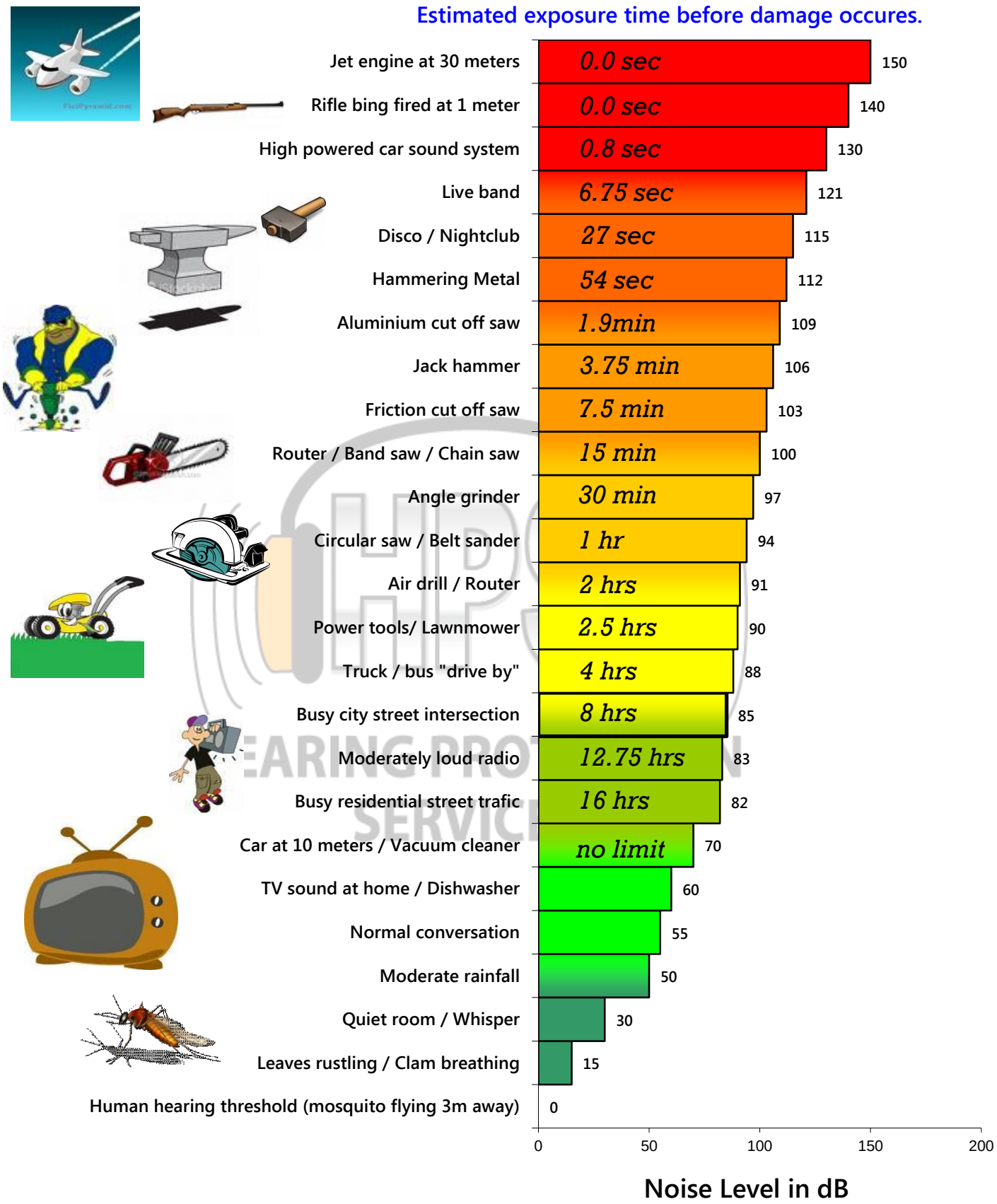Noise Levels & Safe Exposure Times